



## **Our Grading System**

The grades shown here are those used by our club. Other styles vary from this, some have additional grades and others have less.

From beginner up to 1<sup>st</sup> Dan, the grade of a practitioner is shown by the colour of the belt they wear. Those below 1<sup>st</sup> Dan are known as "Kyu" or "Student" grades. Those above Kyu grade are "Dan" grades and all wear a black belt.

Unlike many other styles of karate, assessment for a new grade is a continual process carried out by your club instructor, with a final confirmation by all Dan grades at a weekend course.

Tabs are coloured stripes across the end of a belt to show that the JUNIOR wearing it is above the basic belt grade. Seniors do not have tabs.

Adult Grades		Junior Grades			
ade	Colour	Grade	Colour	+1 Tab	+2 Tab
nner		Beginner			
(yu		6th Kyu			
(yu		5th Kyu			
(yu		4th Kyu			
(yu		3rd Kyu			
(yu		2nd Kyu			
(yu		1st Kyu			
an Ies [		All Dan Grades			
7	/				

